



MONICA HARRIS
Activist, Author, Attorney

Check out Monica's new book
**Reality Bites: Insights on
Bridging the America Divide**
at Amazon.com



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Monica Harris is an activist, author, and attorney. She graduated from Princeton University and Harvard Law School with the brightest minds who became powerful players in government and business. After working for 20 years as a Hollywood business affairs executive, Monica found herself exhausted and struggling with a growing sense that she wasn't living in the country she'd been taught she lived in. She began to question how our government, economy, and media really function, and what she learned compelled her to change her life. In 2011, Monica moved her family to Montana so she could "unplug" from the Southern California grind. Her experience in Big Sky country has awakened her to a profound realization: people of all colors and political persuasion have far more in common than we are led to believe.

Monica now uses her personal experiences, research, and insights to challenge institutions she used to believe in. Through her writing and speaking, she shares how and why our collective reality is being distorted to prevent us from coming together and actually solve America's biggest problems. Monica's blogs and articles can be read at her website, www.letsgetunplugged.com, and at on Medium.com where she's a top writer about politics. Her first book -- **Reality Bites: Insights on Bridging the American Divide** -- is available at Amazon.com. Visit her website for her latest posts and subscribe to her newsletter; follow her at "Unplugged" on Facebook and Medium.



GETTING UNPLUGGED

POTENTIAL INTERVIEW QUESTIONS

1. Why did you decide to "drop out" from life as a Hollywood business executive and move to Montana?
2. What inspired you to start blogging on Medium and how did this lead to your book *Reality Bites*?
3. What is "reality distortion," and can you give specific examples of how our reality has been distorted?
4. How does reality distortion keep us from solving the biggest problems facing us?
5. How has your life changed since you started writing about these issues in your blogs and book?
6. How has life as a gay, black woman in a state that's 90% white and 98% straight informed your perspective on the issues you're writing and speaking about now?
7. Your website is "Let's Get Unplugged" – what do you mean by that?
8. What's the first thing you did to begin to unplug from your busy and demanding Hollywood life?
9. How did "getting unplugged" change or evolve for your family before and after moving to Montana?
10. What's something our listeners can do to begin to unplug even if they can't leave their current jobs, lifestyles and locations?